

Welcome and Congratulations on your decision to include acupuncture in your health care program. It is an honor and a privilege to be able to work with you. We are partners in this journey. I need you to trust me and I will always remember that I work for you. Be sure to ask me any questions you may have and to let me know if you are uncomfortable at any time or have questions regarding your treatment.

Please know that I ask for payment at each session. I accept cash, check, debit/credit card or prepayment through my scheduling software as well as paypal (vjt@yellowsulphursprings.com).

Here are a few suggestions to help you get the most out of our sessions together.

1. Make sure your appointment times work for you and that you are not rushed before or after your appointment. You may feel sleepy or groggy and may need a few minutes before you engage in other activities.
2. Give your treatment some time to work:
Do not plan anything strenuous to **which you are unaccustomed** for 24 hours after your visit. Most patients feel best 24 - 72 hours after treatment. It also helps to refrain from using recreational drugs or alcohol during that time frame.
3. Please do not stop taking any of your medication without the prescribing physician's consent. Our treatments are designed to work **along side** your other medical care, not in place of.
4. Be sure to advise me of **any** changes in your health care routine, including new medications, providers or therapies, dietary changes, or surgeries. In addition to being important to your care I am always interested in learning about new modalities and providers both locally and afar.
5. I am happy to provide information and resource materials about Energy medicine, herbalism, and the Eastern arts.
6. Please inform me if you are unable to keep an appointment. Missed appointments will be charged the full rate.
7. I am available by email: vjtyss@gmail.com as well as phone or text: 540 953 2977. No one will answer the phone while I am with a patient but I do check messages frequently.



Victoria J. Taylor, Lic. Ac.

